

# Is Poor Indoor Air Quality Choking Your Productivity?



## What causes poor IAQ?

- 1 Ignoring IAQ in design and construction phases
- 2 Incomplete facility commissioning
- 3 Lack of correction for poor outdoor air
- 4 Indoor sources of contamination
- 5 Moisture and dirt in ventilation systems
- 6 Inadequate ventilation
- 7 Poor filtration

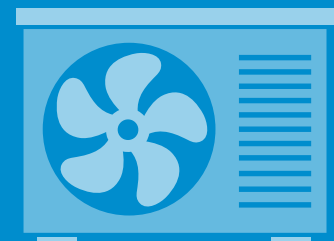
## How can IAQ be improved?



Testing and Recommissioning of HVAC systems identifies corrective measures and provides data for compliance, sustainability, and due diligence.



Proactive and preventive HVAC maintenance reduces issues and ensures assets support productivity.



**Talk to HVAC experts that deliver indoor air quality and reduce costs, protecting your people and your infrastructure.**

**866.624.1520 or [ABM.com/HVAC](https://www.abm.com/HVAC)**

ABM-08216-0818 | ©2019 ABM Industries Inc. | All rights reserved.

### Sources:

<https://www.prnewswire.com/news-releases/modern-indoor-living-can-be-bad-for-your-health-new-yougov-survey-for-velux-sheds-light-on-risks-of-the-indoor-generation-300648499.html>  
<https://www.epa.gov/indoor-air-quality-iaq/volatile-organic-compounds-impact-indoor-air-quality> | <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4045871/>

<https://www.hsph.harvard.edu/news/press-releases/green-office-environments-linked-with-higher-cognitive-function-scores/> | <https://www.ashrae.org/File%20Library/Technical%20Resources/Bookstore/IAQ-Guide-primer-from-the-May-2010.pdf>