

How does landscaping benefit our students?

It's more than aesthetics.

- **Happiness:** Improved mental health and green spaces go together. An Aarhus University study found 55% higher risks of issues for children living with the lowest level of green space.¹
- **Learning:** The National Academy of Science found elementary school children with more green space at school had improved learning and memory.²
- **Outcomes:** A six-year study in Massachusetts found public schools with more “greenness” reported higher testing scores in English and math.³



Nature reduces stress.

- Green schoolyards and gardening reduce student stress and improve focus.⁴
- “Nearby nature” helps students better moderate the impact of stressful life events on their well-being.⁵



Bring the benefits of nature inside with indoor planting. Encourage collaboration with students by adding to your makerspace and more.

A safe and supportive return to school is everyone's goal.

- Now is the time to prepare your landscaping to welcome students, staff, and teachers back, while helping them relieve stress and anxiety.
- Improve high-profile areas that help students get back to their school routines.
- Stay ahead of routine grounds maintenance to preserve a sense of normalcy for students and community members over the summer and into fall.



Fall is a great time to plant trees and perennials. Give social skills and team building a fresh start at your school by having classes plant new greenspaces together.

ABM is here to help you improve those benefits for your community.



Controls



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Please visit us at [ABM.com/K-12](https://www.abm.com/K-12) or call 866.624.1520.

¹ <https://www.pnas.org/content/116/11/5188>
² <https://www.pnas.org/content/early/2015/06/09/1503402112>
³ <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4195655/>
⁴ <https://www.sciencedirect.com/science/article/abs/pii/S1353829214000379>
⁵ <https://pdfs.semanticscholar.org/f1b3/b8b51f9b11295debee2b9b4956e24422e6f9.pdf>