

## Recognizing Micro and Macroaggressions at ABM



ABM prides itself on being an inclusive, diverse workplace. To create a culture of belonging, it's important to recognize how our words and actions can impact a Team Member's ability to do their job, sense of safety, and overall happiness in the workplace.

## Ways to Prevent Micro and Macroaggressions:

- 1. Know your Team Members. Be mindful of your words.
- 2. Use inclusive language.
- 3. Listen to all Team Members, specifically those in underrepresented groups.
- 4. Don't get defensive; learn from your mistakes.



At ABM, it is our goal to create an inclusive environment where every Team Member feels seen, heard, and valued.